

Let's Kick ASS

AIDS Survivor Syndrome



Social Connection, HIV & Aging Education and Advocacy

LKAPS 2019 Year-In-Review

WELCOME TO THE LKAPS 2019 YEAR-IN-REVIEW

Thank you for your support of LKAPS and our efforts to help people reduce the isolation and stress of living with AIDS Survivors Syndrome. Your leadership, volunteerism and contributions are what enable LKAPS to continue to provide essential opportunities for social connection, education and advocacy to long-term survivors living with HIV/AIDS.

- LKAPS accomplishes its mission by providing opportunities for social connection to foster friendships and a sense of community and by providing HIV & Aging education and advocacy.
- LKAPS now has 422 contacts and 277 members who subscribe to our newsletter and who participate in social events, volunteer, and engage in LKAPS education and advocacy initiatives.
- LKAPS welcomes anyone affected by the HIV epidemic regardless of HIV status, race, gender, age or sexuality, believing that the individual is the best judge of the impact of HIV on their life.

2019 LKAPS HIGHLIGHTS

- Participated in Palm Springs Pride Parade and AIDS Walk Palm Springs
- Raised operating funds to support LKAPS initiatives, including \$1,400 from Facebook donations and over \$600 from individuals at potlucks.
- Held a Board Retreat to create a vision of the future for LKAPS resulting in a new [LKAPS Vision Statement](#)
- Formalized an LKAPS Annual Operating Budget
- Held over two dozen social events, including potlucks, movie nights, ice cream socials and pizza parties
- Published numerous articles, flyers, links, and resources on LKAPS Facebook and Twitter pages:

[Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents with HIV](#)

[U.S. Government Updates HIV Treatment Guidelines](#)

[Fauci to Congress: Help us implement plan to end HIV](#)

[Gilead Faces Off Against Sanders, Ocasio-Cortez Over HIV Drug](#)

[Valley HIV survivors connect with LKA support](#)

[4th Annual Aging Positively Conference kicks off National HIV & Aging Awareness Day](#)

- Creating new social opportunities such as Discussion Groups; Day Trips to Joshua Tree, Idyllwild, Big Bear Lake, Temecula Wine Region, LA Museum, San Diego Zoo; adding lunch opportunities before movie nights
- Expand educational programs by increasing the availability of articles, resources, magazine subscriptions (*POZ*, *Positive* +), links, conference reports and other materials; and by providing opportunities to participate in educational and training seminars, conferences, speakers' bureaus, and fairs
- Increase LKAPS-coordinated educational opportunities through collaborations with related community partners, such as *Desert AIDS Project*, *LGBT Community Center of the Desert*, *Palm Springs LGBT Community Leadership Council*, *HARP*, *PALSL*, and other community organizations
- Increase LKAPS advocacy for HIV & Aging issues and for treatment and support needs where possible, such as housing/co-housing, mental health, access to healthcare and medications, financial planning, emergency support, and medical research.



LKAPS & YOU

There's so much to do! And we need all the help we can get... can we count on you?

First, we're grateful for all the support we received in 2019. Your volunteer time and donations made last year a big success. And yet the work continues.

We are always in need of ideas to draw ourselves away from isolation. Do you have a talent for art, cooking, or decorating that you can share? Would you like to start a book club or a bridge group? Do you have items of special significance we can auction or show in a gallery setting? Would you consider leaving a gift to LKAPS in your will? Volunteer at our events and serve on our board or committees.

Help us to grow our membership. Invite your friends and family to our events. Share your LKAPS experiences with people who may benefit from them.

I look forward to seeing you in 2020 at our events. Let me know how we can be of service to you.

Hugs,

Jax

Jax Kelly, President, Let's Kick ASS (AIDS Survivor Syndrome) Palm Springs

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